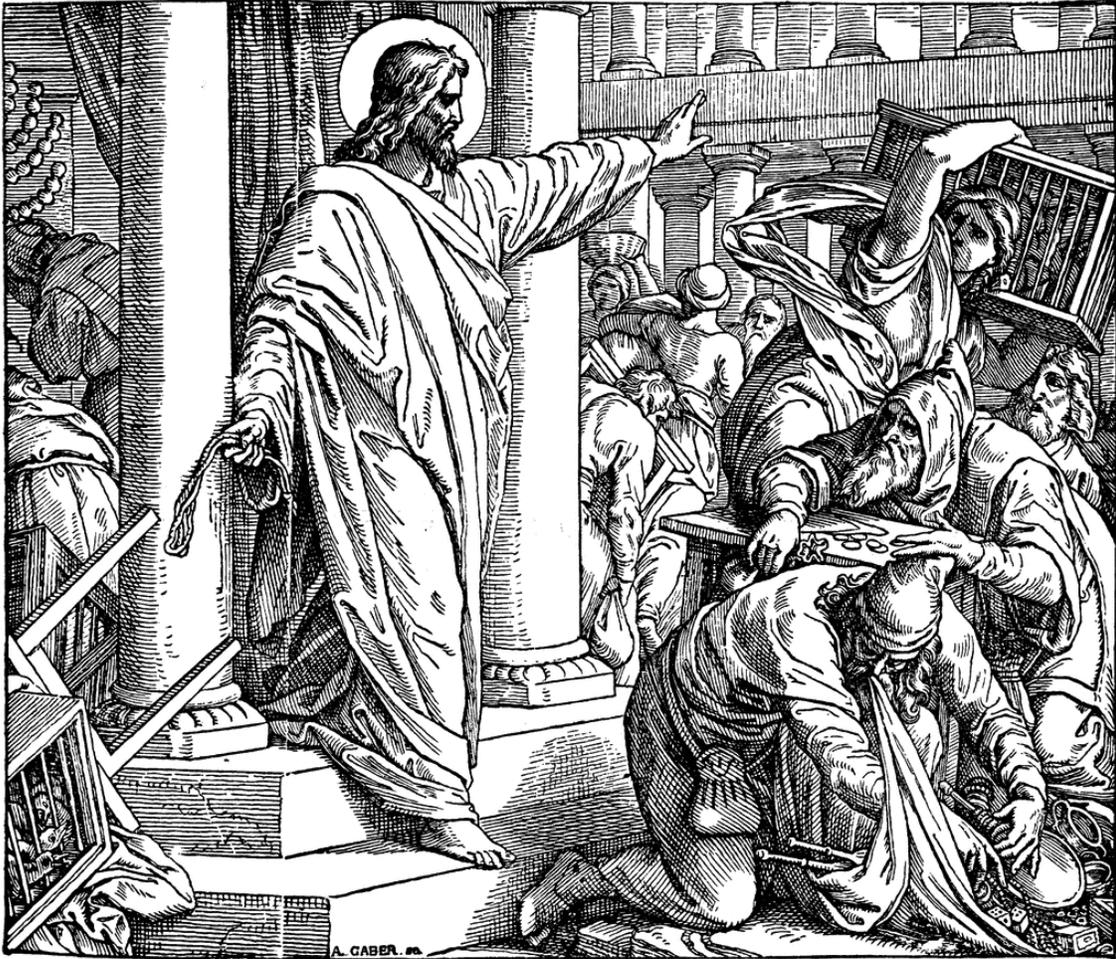


ST. DUNSTAN'S EPISCOPAL CHURCH

The Church That Feeds People



Third Sunday in Lent 10:00 am | March 7, 2021

This service is designed for your use at home as a personal or family devotion, on your own, or along with the live-streaming of the service on YouTube.

Please have a candle or lamp available that you can light as we begin, as a sign of the presence of the risen Christ. You are also invited to have bread and wine available for a communal meal after the Eucharistic Prayer. We will do this together, in unity with one another and with God.

OUR VISION IS:

**On earth as in heaven,
all are welcome,
all are fed, and
all are loved.**

OUR MISSION IS:

**Inspired by our worship together
we grow in Christ through
welcoming the stranger,
feeding hungry bodies and spirits,
giving of ourselves, and
inviting others to join us in this journey of faith.**



Visitors: Welcome to St. Dunstan's.
We are delighted that you are worshipping with us!
Visit <http://www.sdchp.org> to learn more about our parish.

[Click Here](#) to sign up for our [Weekly Newsletter](#).

Email the office (office@sdchp.org) if you would like to submit an announcement.
The deadline for submissions is Tuesdays at noon.



St. Dunstan's Mission and Ministries are entirely supported by your donations.

While the church is closed, we ask that you continue to pledge or provide financial support as you are able. This will allow St. Dunstan's to:

- Provide upkeep and maintenance of the church building and grounds
- Allow church staff to maintain all areas of our ministry work
- Ensure that normal operations can resume when the time comes



[Click here to Make a Donation](#) or go to sdchp.org/donations.

Thank you for supporting the ministries of St. Dunstan's!

PARISH CONTACTS

Rector: The Rev. David Marshall
Priest Associates: The Rev. Catharine Reid, The Rev. Carola von Wrangel
Deacons: The Rev. Pat Grodt, The Rev. Alan Christensen
Director of Music: Susanna Valleau
Parish Administrator: Barb Levy
Pastoral Associate: John Ryan, OSF
Director of Christian Education: Jonathan Thoms

ST. DUNSTAN'S VESTRY

Tom Paulson, Sr. Warden • Bill Barnsdale, Jr. Warden • Mary Jo Briggs
Janice Christensen • Liz Hinkofer • Sarah Roskam • Jonathan Thoms • Carol Vojir • Tom Wear
Tina Polf, Treasurer

MATERIALS IN THIS BOOKLET ARE TAKEN FROM

From The Book of Common Prayer according to the use of The Episcopal Church, 1979

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HOLY COMMUNION RITE II

10:00 AM

PRELUDE

Let All Mortal Flesh Keep Silence
Naomi Bernstein, organ

arr. Peter Pindar Stearns
(1931-2016)

WELCOME TO WORSHIP

The Rev. David Marshall

Please stand, as able.

HYMN 518



1 Christ is made the sure foun - da - tion, Christ the head and
2 All that ded - i - cat - ed ci - ty, dear - ly loved of
3 To this tem - ple, where we call thee, come, O Lord of
4 Here vouch - safe to all thy serv - ants what they ask of



cor - ner - stone, cho - sen of the Lord, and pre - cious,
God on high, in ex - ult - ant ju - bi - la - tion
Hosts, to - day; with thy wont - ed lov - ing - kind - ness
thee to gain; what they gain from thee, for ev - er



bind - ing all the Church in one; ho - ly Zi - on's
pours per - pet - ual mel - o - dy; God the One in
hear thy serv - ants as they pray, and thy full - est
with the bless - ed to re - tain, and here - af - ter



help for ev - er, and her con - fi - dence a - lone.
Three a - dor - ing in glad hymns e - ter - nal - ly.
ben - e - dic - tion shed with - in its walls al - way.
in thy glo - ry ev - er - more with thee to reign.

Words: Latin, ca. 7th cent.; tr. *Hymns Ancient and Modern*, 1861, after John Mason Neale (1818-1866), alt.

Music: *Westminster Abbey*, Henry Purcell (1659-1695), adapt.; desc. James Gillespie (b. 1929) Copyright © by permission of Church Society, London. All rights reserved. Used with permission

Presider: Blessed be the God of our salvation:

People: **Who bears our burdens and forgives our sins.**

Please kneel as able.

THE DECALOGUE

Deacon: Hear the commandments of God to the people:

I am the Lord your God who brought you out of bondage.

You shall have no other gods but me.

People: **Amen. Lord have mercy.**

Deacon: You shall not make for yourself any idol

People: **Amen. Lord have mercy.**

Deacon: You shall not invoke with malice the Name of the Lord your God.

People: **Amen. Lord have mercy.**

Deacon: Remember the Sabbath day and keep it holy.

People: **Amen. Lord have mercy.**

Deacon: Honor your father and your mother.

People: **Amen. Lord have mercy.**

Deacon: You shall not commit murder.

People: **Amen. Lord have mercy.**

Deacon: You shall not commit adultery.

People: **Amen. Lord have mercy.**

Deacon: You shall not steal.

People: **Amen. Lord have mercy.**

Deacon: You shall not be a false witness.

People: **Amen. Lord have mercy.**

Deacon: You shall not covet anything that belongs to your neighbor.

People: **Amen. Lord have mercy.**

Presider: Jesus said, "The first commandment is this: Hear, O Israel: The Lord your God is the only Lord. Love the Lord your God with all your heart, with all your soul, with all your mind, and with all your strength. The second is this: Love your neighbor as yourself. There is no commandment greater than these." *Mark 12:29-31*

CONFESSION AND ABSOLUTION

Deacon: Let us confess our sins against God and our neighbor.

silence

All: Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.

Presider: Almighty God have mercy on you, forgive you all your sins
through our Lord Jesus Christ, strengthen you in all goodness,
and by the power of the Holy Spirit keep you in eternal life.

All: Amen.

COLLECT OF THE DAY

Presider: The Lord be with you.

People: And also with you.

Presider: Let us pray.

Almighty God, you know that we have no power in ourselves to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever.

All: Amen

Please be seated.

FIRST READING

Exodus 20:1-17

Reader: A reading from the Book of Exodus

Then God spoke all these words:

I am the LORD your God, who brought you out of the land of Egypt, out of the house of slavery; you shall have no other gods before me.

You shall not make for yourself an idol, whether in the form of anything that is in heaven above, or that is on the earth beneath, or that is in the water under the earth. You shall not bow down to them or worship them; for I the LORD your God am a jealous God, punishing children for the iniquity of parents, to the third and the fourth generation of those who reject me, but showing steadfast love to the thousandth generation of those who love me and keep my commandments.

You shall not make wrongful use of the name of the LORD your God, for the LORD will not acquit anyone who misuses his name.

Remember the sabbath day, and keep it holy. For six days you shall labour and do all your work. But the seventh day is a sabbath to the LORD your God; you shall not do any work—you, your son or your daughter, your male or female slave, your livestock, or the alien resident in your towns. For in six days the LORD made heaven and earth, the sea, and all that is in them, but rested the seventh day; therefore the LORD blessed the sabbath day and consecrated it.

Honor your father and your mother, so that your days may be long in the land that the LORD your God is giving you.

You shall not murder.

You shall not commit adultery.

You shall not steal.

You shall not bear false witness against your neighbor.

You shall not covet your neighbor's house; you shall not covet your neighbor's wife, or male or female slave, or ox, or donkey, or anything that belongs to your neighbor.

Hear what the Spirit is saying to God's people.

People: **Thanks be to God.**

silence

- 1 The heavens declare the glory of God, *
and the firmament shows his handiwork.
- 2 One day tells its tale to another, *
and one night imparts knowledge to another.
- 3 Although they have no words or language, *
and their voices are not heard,
- 4 Their sound has gone out into all lands, *
and their message to the ends of the world.
- 5 In the deep has he set a pavilion for the sun; *
it comes forth like a bridegroom out of his chamber;
it rejoices like a champion to run its course.
- 6 It goes forth from the uttermost edge of the heavens
and runs about to the end of it again; *
nothing is hidden from its burning heat.
- 7 The law of the LORD is perfect
and revives the soul; *
the testimony of the LORD is sure
and gives wisdom to the innocent.
- 8 The statutes of the LORD are just
and rejoice the heart; *
the commandment of the LORD is clear
and gives light to the eyes.
- 9 The fear of the LORD is clean
and endures for ever; *
the judgments of the LORD are true
and righteous altogether.
- 10 More to be desired are they than gold,
more than much fine gold, *
sweeter far than honey,
than honey in the comb.
- 11 By them also is your servant enlightened, *
and in keeping them there is great reward.
- 12 Who can tell how often he offends? *
cleanse me from my secret faults.
- 13 Above all, keep your servant from presumptuous sins;
let them not get dominion over me; *
then shall I be whole and sound,
and innocent of a great offense.
- 14 Let the words of my mouth and the meditation of my
heart be acceptable in your sight, *
O LORD, my strength and my redeemer.

HYMN 628*Help us, O Lord, to learn*

1 Help us, O Lord, to learn the truths your word im - parts: to
 2 Help us, O Lord, to live the faith which we pro - claim, that
 3 Help us, O Lord, to teach the beau - ty of your ways, that

stu - dy, that your laws may be in - scribed up - on our hearts.
 all our thoughts and words and deeds may glo - ri - fy your Name.
 yearn - ing souls may find the Christ and live a life of praise.

Words: William Watkins Reid, Jr. (b. 1923), alt. Copyright ©1959 by The Hymn Society of America. All rights reserved. Used with permission.
 Music: *St. Ethelwald*, William Henry Monk (1823-1889)

Deacon: The Holy Gospel of our Lord Jesus Christ, according to John

People: Glory to you, Lord Christ.

THE GOSPEL**John 2:13-22**

The Passover of the Jews was near, and Jesus went up to Jerusalem. In the temple he found people selling cattle, sheep, and doves, and the money changers seated at their tables. Making a whip of cords, he drove all of them out of the temple, both the sheep and the cattle. He also poured out the coins of the money changers and overturned their tables. He told those who were selling the doves, "Take these things out of here! Stop making my Father's house a marketplace!" His disciples remembered that it was written, "Zeal for your house will consume me." The Jews then said to him, "What sign can you show us for doing this?" Jesus answered them, "Destroy this temple, and in three days I will raise it up." The Jews then said, "This temple has been under construction for forty-six years, and will you raise it up in three days?" But he was speaking of the temple of his body. After he was raised from the dead, his disciples remembered that he had said this; and they believed the scripture and the word that Jesus had spoken.

The Gospel of the Lord.

People: Praise to you, Lord Christ.

SERMON

The Rev. David Marshall

silence

THE NICENE CREED

said by all

Please stand as able.

We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.
We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from
the Virgin Mary,
and was made man.
For our sake he was crucified
under Pontius Pilate;
he suffered death and was buried.

On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand
of the Father.
He will come again in glory to judge
the living and the dead,
and his kingdom will have no end.
We believe in the Holy Spirit, the Lord,
the giver of life,
who proceeds from the Father
and the Son.
With the Father and the Son
he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and
apostolic Church.
We acknowledge one baptism for the
forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. *Amen*

PRAYERS OF THE PEOPLE

Deacon: Faithful God of love,
you blessed us with your servant Son
so that we might know how to serve your people
with justice and with mercy.
We gather the needs of ourselves and others,
and offer them to you in faith and love,
seeking to be strengthened to meet them.

Leader: I ask your prayers for God's people throughout the world; for our Bishop Greg; for this
gathering; and for all ministers and people.

Pray for the Church.

silence

I ask your prayers for peace; for goodwill among nations; and for the
well-being of all people.

Pray for justice and peace.

silence

Leader: I ask your prayers for all who seek God, or a deeper knowledge of God.
Pray that they may find and be found by God.

silence

Leader: I ask your prayers of thanksgiving for birthdays, anniversaries and other happy events, especially these we now name silently or aloud...

The People may add their own petitions

Leader: For those who travel on land, on water, or in the air, especially these we now name silently or aloud...

The People may add their own petitions

Leader: I ask your prayers for the poor, the sick, the hungry, the oppressed, and those in prison. Pray for those in any need or trouble, especially these we now name silently or aloud...

The People may add their own petitions

Leader: I ask your prayers for the departed, especially these we now name silently or aloud...

The People may add their own petitions

Leader: Praise God for those in every generation in whom Christ has been honored. Pray that we may have grace to glorify Christ in our own day.

silence

Presider: Shape us and transform us by your grace,
that we may grow in wisdom and in confidence,
never faltering until we have done all that you desire
to bring your realm of shalom to fulfillment. Amen.

People: Amen.

Extended silence. This silence will last the space of ten breaths, beginning and ending with the prayer bell.

THE PEACE

Please stand

Presider: The Peace of the Lord be always with you.

People: And also with you.

Presider: I invite now to share the peace of Christ with those who are near you and those you hold dear.

Please greet one another in the name of the Lord.

WELCOME AND ANNOUNCEMENTS

Thank you for worshipping with us online today. You can find out more about St. Dunstan's Church by going to our website: sdchp.org.

We continue to feed people on Tuesday evenings with to-go meals distributed at the door and delivered to five homeless camps.

To learn about volunteer opportunities, please [click here](#).

All other in-person events and activities at the church are canceled during this phase of the coronavirus shutdown.



TRUTH MATTERS: LENTEN PROGRAM WEDNESDAYS IN LENT

Father David is offering a five-session class on Wednesday evenings to explore the subject of Truth—truth in history, the role of truth in church history, truth in the world, and finally, truth and faith. Class continues at 7:00 PM on Wednesdays: March 10, 17, and 24. [Visit our website for more information](#) and the Zoom link.

ST. DUNSTAN'S: A HAVEN FOR THE ARTS

Today we welcome my organ student Naomi Bernstein to the organ bench to share a haunting arrangement of *Picardy* ("Let all mortal flesh keep silence") for our Prelude. While this would, in any situation, be exciting (it's always been important to me to give young people the opportunity to share their hard work), it wouldn't normally feel newsworthy. However, I want to take a moment to mark the occasion because it feels like a first step towards living our vision of having our newly renovated sanctuary be a haven for the arts.

With our new organ, we now have two state of the art instruments for visiting artists, choirs, orchestras, etc. to use to bring their music to life. Coupled with that, we now have a sanctuary that can be set up in any configuration. Need space for choir risers? No problem. Need to make room for a full orchestra? No problem. What about a simple string quartet? No problem. Our space can be used by any arts organization to bring their offerings to the community. We won't see this full vision come to life for quite a while — after all, we are still in the midst of a pandemic. Nonetheless, it is an honor for me to be able to "share" the organ bench (in quotations because we pre-recorded her prelude) with Naomi as a celebration of our sanctuary being a welcoming place for artists to share their work.

Naomi Bernstein, age 15, started singing with Northwest Girlchoir when she was four, adding piano lessons a few years later. She first encountered organ when the Seattle Chapter of the American Guild of Organists offered scholarships for a Pipe Organ Encounter in summer of 2019. That fall, she began organ lessons with our organist and music director Susanna Valleau, and has been learning as much as possible during quarantine.



[Click Here](#) to sign up for our [Weekly Newsletter](#).

Email the office (office@sdchp.org) if you would like to submit an announcement.

The deadline for submissions is Tuesdays at noon.

[Click here to join us for Coffee Hour after this service.](#)

[Visit our online worship page](#) for a link to Morning Prayer and Compline services.

fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all.

He stretched out his arms upon the cross, and offered himself in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

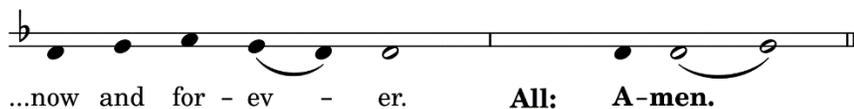
After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

All **Christ has died.**
 Christ is risen.
 Christ will come again.

Presider: We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts. Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father...



THE LORD'S PRAYER

Presider: As our Savior Christ has taught us, we now pray,

You are invited to pray whichever version of the Lord's Prayer you are most comfortable with.

People:

Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.

Give us this day our daily bread.

And forgive us our trespasses,
as we forgive those
who trespass against us.

And lead us not into temptation,
but deliver us from evil.

For thine is the kingdom,
and the power, and the glory,
for ever and ever. Amen.

Our Father in heaven
hallowed be your Name,
your kingdom come,
your will be done,
on earth as in heaven.

Give us today our daily bread.

Forgive us our sins
as we forgive those
who sin against us.

Save us from the time of trial,
and deliver us from evil.

For the kingdom, the power,
and the glory are yours,
now and for ever. Amen.

THE BREAKING OF THE BREAD

The Celebrant breaks the consecrated Bread.

A period of silence is kept.

Presider: Christ our Passover is sacrificed for us;

People: Therefore let us keep the feast.

Presider: The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

Communion is distributed to the in-person participants. At this time, you are invited to prepare bread and wine to be blessed at home.

THE BLESSING OF BREAD AND WINE AT HOME

Presider: I invite you now to place bread and wine out in front of you and we will pray for God's blessing on them. Let us pray.

Holy God, we gather today in our separate homes, united in prayer and worship. Be with us in this gathering in Christ, helping us to know that even as we are isolated, we are unified in love.

Blessed are you, O Lord our God, Ruler of the universe. You bring forth bread from the earth; and you have fed us on our way with the bread of life. As grain scattered upon the earth is gathered into one loaf, so gather your Church in every place into the kingdom of your Son. You create the fruit of the vine; and refresh us with the cup of blessing. Be with us now in our hunger and thirst for you.

Bless these gifts by your Holy Spirit to be for your people a holy meal shared in faith and love. Bless us also that we may be united in love as we worship together in your name.

*We will now share in bread and wine, each in our own places,
united by the Holy Spirit as the Body of Christ.*



POST-COMMUNION PRAYER

Please stand as able.

Presider: Let us pray.

People: Eternal God, heavenly Father,
you have graciously accepted us as living members
of your Son our Savior Jesus Christ,
and you have fed us with spiritual food
in the Sacrament of his Body and Blood.
Send us now into the world in peace,
and grant us strength and courage
to love and serve you
with gladness and singleness of heart;
through Christ our Lord. Amen.

Deacon: Bow down before the Lord.

In the season of Lent, in place of a blessing, the deacon speaks a solemn prayer and the people respond.

Look mercifully on this your family, Almighty God, that by your great goodness they may be governed and preserved evermore; through Christ our Lord.

People: Amen

DISMISSAL

Deacon: Let us go forth in the name of Christ.

People: Thanks be to God.

POSTLUDE

Fugue in E Minor

Johann C.H. Rinck
(1770-1846)

SERVING TODAY

Presider: The Rev. David Marshall
Deacon: The Rev. Pat Grodt
Organist and Music Director: Susanna Valleau
Guest Musician: Naomi Bernstein, organ
Lector and Leader of Prayers: Chris Johns
Video & Sound: Tom Wear
Altar Guild: Madeline Segó

NEXT SUNDAY'S READINGS

WWW.LECTIONARYPAGE.NET

Fourth Sunday in Lent: [Numbers 21:4-9](#) • [John 3:14-21](#) • [Psalm 107:1-3, 17-22](#)

DIOCESAN CYCLE OF PRAYER

All Saints', Bellevue • Holy Apostles, Bellevue

THE ST. DUNSTAN'S CARE TEAM PRAYER LIST

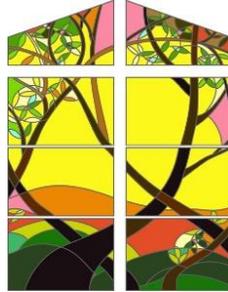
Dave and Betty Adamson, Carson Anderson, Joyce Babb, Bill Barnsdale, Gina Beck, Becker Family, Richard Buhner O.C.P. and his sister, Jan, Weldon Burgess, Carly W, age 10, Colin, Mark Daniels, Nikki (wife), Madeline (step-daughter), Sophia (daughter), Joey (son) and brother, David, Ian Duggan, Mina Fall, Tammy, Lu Gardiner's niece(no name), Belinda Giles, Giona, Heather, Kate and Dan Hellems, Josef Hinkofer, Teresa Hugel, Scott Jinson and Jimmy Wang, Kara, Omer Larsen, Zachary Lilly, Lyn, Alesha Mainard, Margaret Mills, Betty Olson, Puget Sound Orcas, Mary E and Chuck Pacher, Bobby Payer, Neale Povey, Wendy Rader, Penni Raimondi, Penni Raimondi co-worker(no name), Jim Rambildini, Renee, Dan Riccardo, Liese Riccardo, Rickie and baby Seneca, Roan, Leigh Rodriguez and her family, Karin Rogers, Donna Romig, Madeline and Dan Segó, Jill Spruce, Norm Stamm, Joan Sungreen, Suzzayne and her husband Dale, Barbara Thompson, Claree Vandegrift, Vasili and Nick Varlamos, Helen and Steve, Kristin and Caroline, Rich Williams

ST. DUNSTAN'S EPISCOPAL CHURCH

722 N 145th Street, Shoreline, WA 98133

www.sdchp.org | 206-363-4319

email: office@sdchp.org



St. Dunstan's Building is currently closed.

Services and Ministries at St. Dunstan's

Sunday Worship: 10:00 am [ONLINE](#)

Morning Prayer every day at 8:00 am, Compline: each night at 8:00 pm

Tuesdays

2:00 pm: Meals Ministry | 3:30 pm: Community Dinner

Office hours (**our staff is working from home**): Mon. – Thurs. from 9:30 am – 3:30 pm

www.facebook.com/StDunstansChurch



<http://www.instagram.com/stdunstansshoreline>

