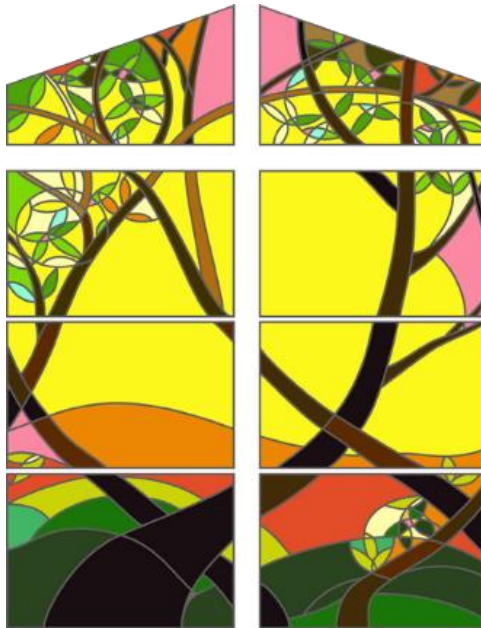


# St. Dunstan's Episcopal Church

*The Church That Feeds People*



Sixteenth Sunday  
after Pentecost

Kick-off Sunday

September 8, 2024 - 10 am

WELCOME TO WORSHIP

Please stand, as able.

Hymn

*I shall not be moved*



Glo - ry hal - le - lu - jah  
Tho' the temp - est ra - ges I shall not be moved.  
I'm on my way to hea - ven



An - chored in Je - ho - vah  
On the Rock of A - ges I shall not be moved. Just like a  
On my way to hea - ven



tree that's plant-ed by the wa - ters Lord I shall not be



moved. I shall not be I shall not be moved. I shall



not be I shall not be moved. Just like a tree that's plant-ed by the



wa - ters Lord I shall not be moved.

Words: Edward H. Boatnef. Music: American Folk Melody © 2000 Hal Leonard Co.

*Presider:* Blessed be God: Father, Son, and Holy Spirit.

*People:* **And blessed be his kingdom, now and for ever. Amen.**

*Presider:* Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

### The Collect of the Day

*Presider:* The Lord be with you.

*People:* **And also with you.**

*Presider:* Let us pray.

Grant us, O Lord, to trust in you with all our hearts; for, as you always resist the proud who confide in their own strength, so you never forsake those who make their boast of your mercy; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

### The First Reading

Isaiah 35:4-7a

*Lector:* A reading from the book of Isaiah

Say to those who are of a fearful heart, "Be strong, do not fear! Here is your God. He will come with vengeance, with terrible recompense. He will come and save you."

Then the eyes of the blind shall be opened, and the ears of the deaf unstopped; then the lame shall leap like a deer, and the tongue of the speechless sing for joy. For waters shall break forth in the wilderness, and streams in the desert; the burning sand shall become a pool, and the thirsty ground springs of water.

*Lector:* The Word of the Lord.

*People:* **Thanks be to God.**

### Psalm 146

BCP 803

*Lector:* A reading from the letter of James

My brothers and sisters, do you with your acts of favoritism really believe in our glorious Lord Jesus Christ? For if a person with gold rings and in fine clothes comes into your assembly, and if a poor person in dirty clothes also comes in, and if you take notice of the one wearing the fine clothes and say, "Have a seat here, please," while to the one who is poor you say, "Stand there," or, "Sit at my feet," have you not made distinctions among yourselves, and become judges with evil thoughts? Listen, my beloved brothers and sisters. Has not God chosen the poor in the world to be rich in faith and to be heirs of the kingdom that he has promised to those who love him? But you have dishonored the poor. Is it not the rich who oppress you? Is it not they who drag you into court? Is it not they who blaspheme the excellent name that was invoked over you?

You do well if you really fulfill the royal law according to the scripture, "You shall love your neighbor as yourself." But if you show partiality, you commit sin and are convicted by the law as transgressors. For whoever keeps the whole law but fails in one point has become accountable for all of it.

What good is it, my brothers and sisters, if you say you have faith but do not have works? Can faith save you? If a brother or sister is naked and lacks daily food, and one of you says to them, "Go in peace; keep warm and eat your fill," and yet you do not supply their bodily needs, what is the good of that? So faith by itself, if it has no works, is dead.

*Lector:* The Word of the Lord.

*People:* **Thanks be to God.**

# Hymn

## Precious Lord



1. Pre - cious Lord, take my hand, Lead me on, let me  
2. When my way grows drear, Pre - cious Lord, lin - ger  
3. When the dark - ness ap - pears And the night draws



stand, I am tired, I am weak, I am worn.  
near, When my life is al - most gone,  
near, And the day is past and gone,



Through the storm, through the night, Lead me on to the  
Hear my cry, hear my call, Hold my hand lest I  
At the riv - er I stand, Guide my feet, hold my



light, Take my hand, pre - cious Lord, lead me home.  
fall. Take my hand, pre - cious Lord, lead me home.  
hand. Take my hand, pre - cious Lord, lead me home.

Text: Thomas A. Dorsey, 1899-1993

Tune: PRECIOUS LORD, 66 9 D; George N. Allen; arr. by Kelly Dobbs Mickus, b.1966

© 1938, Unichappell Music, Inc.

# Gospel

Mark 7:24-37

*Deacon:* The Holy Gospel of our Savior Jesus Christ according to Mark.

*People:* **Glory to you, Lord Christ.**

From there he set out and went away to the region of Tyre. He entered a house and did not want anyone to know he was there. Yet he could not escape notice, but a woman whose little daughter had an unclean spirit immediately heard about him, and she came and bowed down at his feet. Now the woman was a Gentile, of Syrophenician origin. She begged him to cast the demon out of her daughter.

He said to her, “Let the children be fed first, for it is not fair to take the children’s food and throw it to the dogs.” But she answered him, “Sir, even the dogs under the table eat the children’s crumbs.” Then he said to her, “For saying that, you may go—the demon has left your daughter.” So she went home, found the child lying on the bed, and the demon gone.

Then he returned from the region of Tyre, and went by way of Sidon towards the Sea of Galilee, in the region of the Decapolis. They brought to him a deaf man who had an impediment in his speech; and they begged him to lay his hand on him. He took him aside in private, away from the crowd, and put his fingers into his ears, and he spat and touched his tongue. Then looking up to heaven, he sighed and said to him, “Ephphatha,” that is, “Be opened.” And immediately his ears were opened, his tongue was released, and he spoke plainly. Then Jesus ordered them to tell no one; but the more he ordered them, the more zealously they proclaimed it. They were astounded beyond measure, saying, “He has done everything well; he even makes the deaf to hear and the mute to speak.”

*Deacon:* The Gospel of the Lord.

*People:* Praise to you, Lord Christ.

**The Sermon**

The Rev. Elizabeth Riley

*Please stand, as able.*

**Nicene Creed**

BCP 358

We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,  
the only Son of God, eternally begotten of the Father,  
God from God, Light from Light, true God from true God,  
begotten, not made, of one Being with the Father.  
Through him all things were made.

For us and for our salvation he came down from heaven:  
by the power of the Holy Spirit he became incarnate from the Virgin Mary  
and was made human.

For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.

On the third day he rose again in accordance with the Scriptures;  
he ascended into heaven and is seated at the right hand of the Father.  
He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son.  
With the Father and the Son is worshiped and glorified.  
He has spoken through the prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come. Amen.

### Prayers of the People

*Deacon:* Dear friends, the God of heaven and earth has promised through Jesus Christ to hear us when we pray in faith with thanksgiving. Let us pray.

*Leader:* We pray for your Church throughout the world, thanking you for all who serve Christ and his kingdom. By your Spirit strengthen your people for their work and witness in the world. Especially uphold Michael our Presiding Bishop, Sean our Presiding Bishop-Elect, Melissa our Bishop Provisional, and Phil our Bishop-Elect, and for this congregation in our time of transition. Unite us in your truth and love, that we who confess your name may also reflect your glory. God of grace,

*People:* **You hear our prayer.**

*Leader:* We remember with gratitude your many gifts to us in creation and the rich heritage of this land. Help us and people everywhere to share with justice and peace the resources of the earth. Give wisdom to those in authority among us and to all leaders of the nations. Give us wisdom to choose leaders who will work for the common good, who will face with honesty the challenges before us. Help us to see your justice at work in our life together. God of grace,

*People:* **You hear our prayer.**

*Leader:* We pray for one another, for our families and friends, through whom we learn to love and to be loved. Thank you for all who care for us. Give us grace to serve Christ by serving our neighbors and our community, loving others as you love us. God of grace,

*People:*     **You hear our prayer.**

*Leader:*    We thank you for the unfailing love you hold out to everyone in Jesus Christ. Comfort and heal those in sorrow, need, sickness or any other trouble, especially . . . and those we now name, either silently or aloud. Give them courage and hope in their distress, and bless those who minister to them. God of grace,

*People:*     **You hear our prayer.**

*Leader:*    We lift up to you all who are traveling, that they may be kept safe in their journeys. Comfort with your presence those who are traveling due to family emergencies or the loss of loved ones, especially . . . and those we now name, either silently or aloud. God of grace,

*People:*     **You hear our prayer.**

*Leader:*    We give thanks for all the blessings you have bestowed upon us, especially . . . and those we now name, either silently or aloud.  
Help us to give thanks at all times for your blessings, especially the love shown to us through Jesus Christ. God of grace,

*People:*     **You hear our prayer.**

*Leader:*    We remember with thanksgiving all who have died in Christ, and we rejoice at the faithful witness of your saints in every age, praying that we may enter with them into the unending joy of your heavenly kingdom. God of grace,

*People:*     **You hear our prayer.**

*Leader:*    Merciful God, you look with compassion on all who turn to you.  
Hear the prayers of your people.

*People:*     **Grant that what we have asked in faith we may by your grace receive; through Jesus Christ our Lord. Amen.**

*The Presider offers a collect.*



## Confession

BCP 360

*Deacon:* Let us confess our sins to God.

*All:* Most merciful God,  
we confess that we have sinned against you  
in thought, word, and deed,  
by what we have done,  
and by what we have left undone.  
We have not loved you with our whole heart;  
we have not loved our neighbors as ourselves.  
We are truly sorry and we humbly repent.  
For the sake of your Son Jesus Christ,  
have mercy on us and forgive us;  
that we may delight in your will,  
and walk in your ways,  
to the glory of your Name.

## Absolution

*Presider:* Almighty God have mercy on you, forgive you all your sins  
through the grace of Jesus Christ, strengthen you in all goodness,  
and by the power of the Holy Spirit keep you in eternal life. **Amen.**

## The Peace

*Presider:* The peace of Christ be always with you.

*People:* **And also with you.**

## WELCOME AND COMMUNITY ANNOUNCEMENTS

Offertory Anthem

*Lilly of the Valley*

Anatole Frieland

St. Dunstan's Choir with the Ain't No Heaven Seven

## Offertory Blessing

*Presider:* All things come from you, O Lord.

*People:* **And of your own have we given you.**

*The people stand or kneel.*

THE HOLY COMMUNION

Prayer C

BCP 369

*Presider:* The Lord be with you.

*People:* **And also with you.**

*Presider:* Lift up your hearts.

*People:* **We lift them to the Lord.**

*Presider:* Let us give thanks to the Lord our God.

*People:* **It is right to give God thanks and praise.**

*Presider:* God of all power, Ruler of the Universe, you are worthy of glory and praise.

*People:* **Glory to you for ever and ever.**

*Presider:* At your command all things came to be: the vast expanse of interstellar space, galaxies, suns, the planets in their courses, and this fragile earth, our island home.

*People:* **By your will they were created and have their being.**

*Presider:* From the primal elements you brought forth the human race, and blessed us with memory, reason, and skill. You made us the rulers of creation. But we turned against you, and betrayed your trust; and we turned against one another.

*People:* **Have mercy, Lord, for we are sinners in your sight.**

Again and again, you called us to return. Through prophets and sages you revealed your righteous Law. And in the fullness of time you sent your only Son, born of a woman, to fulfill your Law, to open for us the way of freedom and peace.

*People:* **By his blood, he reconciled us.  
By his wounds, we are healed.**

And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

Ho - ly, ho - ly, ho - ly Lord, God of pow - er and might,  
 heaven and earth are full of your glo - ry. Ho - san - na in the high - est.  
 Bless - ed is the one who comes in the name of the Lord. Ho -  
 san - na in the high - est. Ho - san - na in the high - est.

Setting: American folk melody; arr. Marcia Pruner;  
 harm. Annabel Morris Buchanan (1889-1983) © Church Pension Fund

*The presider continues,*

And so, Father, we who have been redeemed by him, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Lord.

On the night he was betrayed he took bread, said the blessing, broke the bread, and gave it to his friends, and said,

“Take, eat: This is my Body which is given for you. Do this for the remembrance of me.”

After supper, he took the cup of wine, gave thanks, and said,

“Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me.”

Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving:

**All: We celebrate his death and resurrection,  
 as we await the day of his coming.**

*The presider continues,*

Lord God of our Fathers: God of Abraham, Isaac, and Jacob; God and Father of our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. Let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name.

*People:*     **Risen Lord, be known to us in the breaking of the Bread.**

Accept these prayers and praises, Father, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation.

*All:*           **AMEN.**

## **The Lord's Prayer**

BCP 364

*Presider:* And now, as our Savior Christ has taught us, we are bold to say,

**Our Father, who art in heaven,  
hallowed be thy Name,  
thy kingdom come,  
thy will be done,  
on earth as it is in heaven.**

**Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation,  
but deliver us from evil.  
For thine is the kingdom,  
and the power, and the glory,  
for ever and ever. Amen.**

## **The Breaking of the Bread**

*Presider:*     Alleluia. Christ our Passover is sacrificed for us;

*People:*       **Therefore let us keep the feast. Alleluia.**

The eyes of all wait up - on you, O Lord and you  
 give them their food in due sea - son. You  
 o - pen wide your gra - cious hand and  
 sat-is - fy the needs of ev-'ry liv - ing crea - ture.

Music: *Bayou*, Carol Doran. Words: Psalm 145: 16-17

**The Invitation**

*Presider:* The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

**Communion Anthem**

*His Eye is On the Sparrow*  
 Karin Rogers, soloist

Civilla D. Martin

**Post Communion Prayer**

BCP 365

*Presider:* Let us pray

*All:* **Eternal God, heavenly Father,**  
 you have graciously accepted us as living members  
 of your Son our Savior Jesus Christ,  
 and you have fed us with spiritual food  
 in the Sacrament of his Body and Blood.  
 Send us now into the world in peace,  
 and grant us strength and courage to love and serve you  
 with gladness and singleness of heart; through Christ our Lord. Amen.

# The Blessing

## Hymn



There's a land that is fair - er than day, and by  
We shall sing on that beau - ti - ful shore the mel -  
To our boun - ti - ful Fa - ther a - bove we will



faith we can see it a - far. For the Fa - ther waits o - ver the  
o - di - ous songs of the blest. And our spir - its shall sor - row no  
of - fer our trib - ute of praise. For the glo - ri - ous gift of His



way to pre - pare us a dwell - ing place there.  
more, not a sigh for the bless - ing of rest.  
love and the bless - ings that hal - low our days.



In the sweet by and by, we shall meet on that beau - ti - ful



shore. In the sweet by and by we shall meet on that beau ti ful shore.

## Dismissal

BCP 366

*Deacon:* Let us go forth into the world, rejoicing in the power of the Spirit.

*People:* Thanks be to God.

Postlude

When the Saints Go Marching In  
Ain't No Heaven Seven

Traditional

*Altar flowers are given for the glory of God.*

~ ~ ~

*A huge thank you to the **Ain't No Heaven Seven** for leading our music today!*



*Healing Prayer is offered at the altar after the postlude.*

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## WELCOME AND ANNOUNCEMENTS

- TODAY! **Kick-off Sunday** - Chili & Cornbread Cook-off following worship! Tickets are \$1 each. 1 ticket = 1 vote. Vote early, vote often.
- Saturday, September 14 - **Thoms & Mango Wedding** at 3 pm
- Saturday, September 14 - **Ordination & Consecration of Bishop-elect Phil LaBelle** at 11 am, Meydenbauer Center (see ecww.org for details)
- Tuesday, September 17 - **Book Club** at 2 pm in the downstairs chapel
- Friday, September 20 - **Game Night** at 7 pm
- Sunday, September 22 - **Seahawks Tailgate & Watch Party** at 12noon
- Monday, September 23 - **Feeding Ministry Open House**
- SAVE THE DATE! Friday, October 25 - **Halloween Spooky Concert & Stories** at 7:30 pm
- EVERY TUESDAY, 5:00 – 6:30 pm, **Community Dinner**
- EVERY DAY – Zoom Morning Prayer, 8 am; Zoom Compline, 8 pm

For More Details check out our website, Facebook or Eventbrite pages.  
Sign up for our weekly Highlights newsletter at [sdchp.org](http://sdchp.org).

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## SERVING TODAY

**Presider:** The Rev. Elizabeth Riley | **Deacons:** The Rev. Alan Christensen,  
The Rev. Pat Grodt | **Seminarian:** Lynne Markova

**Music Director:** Susanna Valleau

**Eucharistic Minister:** Mary Pacher | **Healing Minister:** Deacon Mary Shehane

**Lectors:** Glen Pacher, Liz Hinkofer | **Ushers:** Chris Johns, Mary Shehane

**Host:** Brynne Sterling | **Altar Guild:** Trish Carosiello

**Hospitality:** Mary Jo Briggs, Mary Pacher, Tina Polf

**Counters:** Glen Pacher, Neil Sasinowski

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