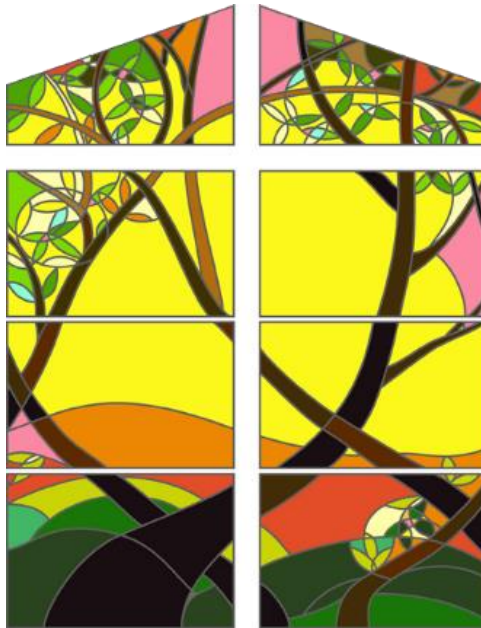


St. Dunstan's Episcopal Church

The Church That Feeds People



**Nineteenth Sunday
after Pentecost**

September 29, 2024 - 10 am

WELCOME TO WORSHIP

Please stand, as able.

Hymn 546

Awake, my soul, stretch every nerve

Siroe

Opening Sentences

BCP 355

Presider: Blessed be God: Father, Son, and Holy Spirit.*People:* **And blessed be his kingdom, now and for ever. Amen.***Presider:* Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

Gloria

S-277



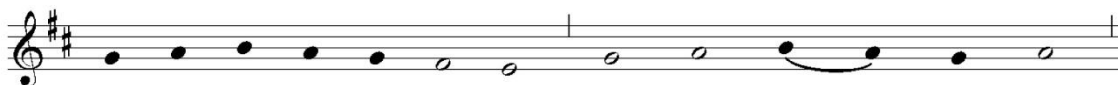
1. Glo - ry to God in the high-est, and peace to his peo - ple on earth.



2. Lord God, hea-ven-ly King, al-might-y God and Fa-ther, we wor-ship you,



we give you thanks, we praise you for your glo - ry. 3. Lord Je - sus Christ,



on - ly Son of the Fa - ther, Lord God, Lamb of God,



4. you take a - way the sin of the world; have mer - cy on us;



5. you are seat - ed at the right hand of the Fa - ther; re - ceive our prayer.



6. For you a - lone are the Ho - ly One, you a - lone are the Lord,



7. you a - lone are the Most High, Je - sus Christ, with the Ho - ly Spi - rit,



in the glo - ry of God the Fa - ther. A - men.

Setting: From *New Plainsong*; David Hurd (b. 1950)

The Collect of the Day

Presider: The Lord be with you.

People: **And also with you.**

Presider: Let us pray.

O God, you declare your almighty power chiefly in showing mercy and pity: Grant us the fullness of your grace, that we, running to obtain your promises, may become partakers of your heavenly treasure; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

The First Reading

Numbers 11:4-6,10-16,24-29

Lector: A reading from the book of Numbers

The rabble among them had a strong craving; and the Israelites also wept again, and said, "If only we had meat to eat! We remember the fish we used to eat in Egypt for nothing, the cucumbers, the melons, the leeks, the onions, and the garlic; but now our strength is dried up, and there is nothing at all but this manna to look at."

Moses heard the people weeping throughout their families, all at the entrances of their tents. Then the Lord became very angry, and Moses was displeased. So Moses said to the Lord, "Why have you treated your servant so badly? Why have I not found favor in your sight, that you lay the burden of all this people on me? Did I conceive all this people? Did I give birth to them, that you should say to me, 'Carry them in your bosom, as a nurse carries a sucking child,' to the land that you promised on oath to their ancestors?"

Where am I to get meat to give to all this people? For they come weeping to me and say, 'Give us meat to eat!' I am not able to carry all this people alone, for they are too heavy for me. If this is the way you are going to treat me, put me to death at once—if I have found favor in your sight—and do not let me see my misery.”

So the Lord said to Moses, “Gather for me seventy of the elders of Israel, whom you know to be the elders of the people and officers over them; bring them to the tent of meeting, and have them take their place there with you.

So Moses went out and told the people the words of the Lord; and he gathered seventy elders of the people, and placed them all around the tent. Then the Lord came down in the cloud and spoke to him, and took some of the spirit that was on him and put it on the seventy elders; and when the spirit rested upon them, they prophesied. But they did not do so again. Two men remained in the camp, one named Eldad, and the other named Medad, and the spirit rested on them; they were among those registered, but they had not gone out to the tent, and so they prophesied in the camp. And a young man ran and told Moses, “Eldad and Medad are prophesying in the camp.” And Joshua son of Nun, the assistant of Moses, one of his chosen men, said, “My lord Moses, stop them!” But Moses said to him, “Are you jealous for my sake? Would that all the Lord’s people were prophets, and that the Lord would put his spirit on them!”

Lector: The Word of the Lord.

People: **Thanks be to God.**

Psalm 19:7-14

BCP, 607

The Second Reading

James 5:13-20

Lector: A reading from the letter of James

Are any among you suffering? They should pray. Are any cheerful? They should sing songs of praise. Are any among you sick? They should call for the elders of the church and have them pray over them, anointing them with oil in the name of the Lord. The prayer of faith will save the sick, and the Lord will raise them up; and anyone who has committed sins will be forgiven. Therefore confess your sins to one another, and pray for one another, so that you may be healed. The prayer of the righteous is powerful and effective. Elijah was a human being like us, and he prayed fervently that it might not rain, and for three years and six months it did not rain on the earth. Then he prayed again, and the heaven gave rain and the earth yielded its harvest.

My brothers and sisters, if anyone among you wanders from the truth and is brought back by another, you should know that whoever brings back a sinner from wandering will save the sinner's soul from death and will cover a multitude of sins.

Lector: The Word of the Lord.

People: **Thanks be to God.**

Hymn 635

If thou but trust in God to guide thee

Wer nur den lieben Gott

Gospel

Mark 9:38-50

Deacon: The Holy Gospel of our Savior Jesus Christ according to Mark.

People: **Glory to you, Lord Christ.**

John said to him, "Teacher, we saw someone casting out demons in your name, and we tried to stop him, because he was not following us." But Jesus said, "Do not stop him; for no one who does a deed of power in my name will be able soon afterward to speak evil of me. Whoever is not against us is for us. For truly I tell you, whoever gives you a cup of water to drink because you bear the name of Christ will by no means lose the reward.

"If any of you put a stumbling block before one of these little ones who believe in me, it would be better for you if a great millstone were hung around your neck and you were thrown into the sea. If your hand causes you to stumble, cut it off; it is better for you to enter life maimed than to have two hands and to go to hell, to the unquenchable fire. And if your foot causes you to stumble, cut it off; it is better for you to enter life lame than to have two feet and to be thrown into hell. And if your eye causes you to stumble, tear it out; it is better for you to enter the kingdom of God with one eye than to have two eyes and to be thrown into hell, where their worm never dies, and the fire is never quenched.

"For everyone will be salted with fire. Salt is good; but if salt has lost its saltiness, how can you season it? Have salt in yourselves, and be at peace with one another."

Deacon: The Gospel of the Lord

People: **Praise to you, Lord Christ.**

The Sermon

The Rev. Elizabeth Riley

Please stand, as able.

Nicene Creed

BCP 358

We believe in one God,
the Father, the Almighty,
maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
the only Son of God, eternally begotten of the Father,
God from God, Light from Light, true God from true God,
begotten, not made, of one Being with the Father.
Through him all things were made.
For us and for our salvation he came down from heaven:
by the power of the Holy Spirit he became incarnate from the Virgin Mary
and was made human.

For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again in accordance with the Scriptures;
he ascended into heaven and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son is worshiped and glorified.
He has spoken through the prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

Prayers of the People

Deacon: Dear friends, the God of heaven and earth has promised through Jesus Christ to hear us when we pray in faith with thanksgiving. Let us pray.

Leader: We pray for your Church throughout the world, thanking you for all who serve Christ and his kingdom. By your Spirit strengthen your people for their work and witness in the world. Especially uphold Michael our Presiding Bishop, Sean our Presiding Bishop-Elect, and Phil our Bishop, and be present with this congregation in our time of transition.

Unite us in your truth and love, that we who confess your name may also reflect your glory. God of grace,

People: **You hear our prayer.**

Leader: We remember with gratitude your many gifts to us in creation and the rich heritage of this land. Help us and people everywhere to share with justice and peace the resources of the earth. Give wisdom to those in authority among us and to all leaders of the nations. Give us wisdom to choose leaders who will work for the common good, who will face with honesty the challenges before us. Help us to see your justice at work in our life together. God of grace,

People: **You hear our prayer.**

Leader: We pray for one another, for our families and friends, through whom we learn to love and to be loved. Thank you for all who care for us. Give us grace to serve Christ by serving our neighbors and our community, loving others as you love us. God of grace,

People: **You hear our prayer.**

Leader: We thank you for the unfailing love you hold out to everyone in Jesus Christ. Comfort and heal those in sorrow, need, sickness or any other trouble, especially . . . and those we now name, either silently or aloud. Give them courage and hope in their distress, and bless those who minister to them. God of grace,

People: **You hear our prayer.**

Leader: We lift up to you all who are traveling, that they may be kept safe in their journeys. Comfort with your presence those who are traveling due to family emergencies or the loss of loved ones, especially . . . and those we now name, either silently or aloud. God of grace,

People: **You hear our prayer.**

Leader: We give thanks for all the blessings you have bestowed upon us, especially . . . and those we now name, either silently or aloud. Help us to give thanks at all times for your blessings, especially the love shown to us through Jesus Christ. God of grace,

People: **You hear our prayer.**

Leader: We remember with thanksgiving all who have died in Christ, especially . . . and those we now name, either silently or aloud. And we rejoice at the faithful witness of your saints in every age, praying that we may enter with them into the unending joy of your heavenly kingdom. God of grace,

People: **You hear our prayer.**

Leader: Merciful God, you look with compassion on all who turn to you. Hear the prayers of your people.

People: **Grant that what we have asked in faith we may by your grace receive; through Jesus Christ our Lord. Amen.**

The Presider offers a collect.

Confession

BCP 360

Deacon: Let us confess our sins to God.

All: **Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name.**

Absolution

Presider: Almighty God have mercy on you, forgive you all your sins through the grace of Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

The Peace

Presider: The peace of Christ be always with you.

People: **And also with you.**

WELCOME AND COMMUNITY ANNOUNCEMENTS

Offertory Anthem

Just As I Am

William B. Bradbury

Anne Prather and Madeline Sego, singers

(1816-1868)

Offertory Hymn



Let all things now liv - ing a song of thanks - giv - ing to
God the cre - a - tor tri - um - phant - ly raise, who fash - ioned and
made us, pro - tect - ed and stayed us, who still guides us
on to the end of our days. God's ban - ners are o'er us, his
light goes be - fore us, a pil - lar of fire shin - ing forth in the
night, till shad - ows have van - ished and dark - ness is
ban - ished, as for - ward we trav - el from light in - to light.

Words: Katherine K. Davis (1892–1980) © 1966 E. C. S. Publishing Company, 138 Ipswich Street, Boston, MA 02215-3534. All rights reserved. Used by permission.

Music: *The Ash Grove*, Welsh folk tune; harm. © 1978 *Lutheran Book of Worship* (admin. Augsburg Fortress Publishers). All rights reserved. Used by permission.

Offertory Blessing

Presider: All things come from you, O Lord.

People: And of your own have we given you.

The people stand or kneel.

THE HOLY COMMUNION

Prayer C

BCP 369

Presider: The Lord be with you.

People: **And also with you.**

Presider: Lift up your hearts.

People: **We lift them to the Lord.**

Presider: Let us give thanks to the Lord our God.

People: **It is right to give God thanks and praise.**

Presider: God of all power, Ruler of the Universe, you are worthy of glory and praise.

People: **Glory to you for ever and ever.**

Presider: At your command all things came to be: the vast expanse of interstellar space, galaxies, suns, the planets in their courses, and this fragile earth, our island home.

People: **By your will they were created and have their being.**

Presider: From the primal elements you brought forth the human race, and blessed us with memory, reason, and skill. You made us the rulers of creation. But we turned against you, and betrayed your trust; and we turned against one another.

People: **Have mercy, Lord, for we are sinners in your sight.**

Again and again, you called us to return. Through prophets and sages you revealed your righteous Law. And in the fullness of time you sent your only Son, born of a woman, to fulfill your Law, to open for us the way of freedom and peace.

People: **By his blood, he reconciled us.
By his wounds, we are healed.**

And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

Ho - ly, ho - ly, ho - ly Lord, God of
 pow - er and might, hea - ven and earth are full of your glo - ry.
 Ho - san - na in the high - est. Bless - ed is he who
 comes in the name of the Lord. Ho - san - na in the high - est.

Setting: Betty Carr Pulkingham

harm. Annabel Morris Buchanan (1889-1983) © Church Pension Fund

The presider continues,

And so, Father, we who have been redeemed by him, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Lord.

On the night he was betrayed he took bread, said the blessing, broke the bread, and gave it to his friends, and said,

“Take, eat: This is my Body which is given for you. Do this for the remembrance of me.”

After supper, he took the cup of wine, gave thanks, and said,

“Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me.”

Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving:

**All: We celebrate his death and resurrection,
 as we await the day of his coming.**

The presider continues,

Lord God of our Fathers: God of Abraham, Isaac, and Jacob; God and Father of our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. Let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name.

People: **Risen Lord, be known to us in the breaking of the Bread.**

Accept these prayers and praises, Father, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation.

All: **AMEN.**

The Lord's Prayer

BCP 364

Presider: And now, as our Savior Christ has taught us, we are bold to say,

**Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.**

**Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
and the power, and the glory,
for ever and ever. Amen.**

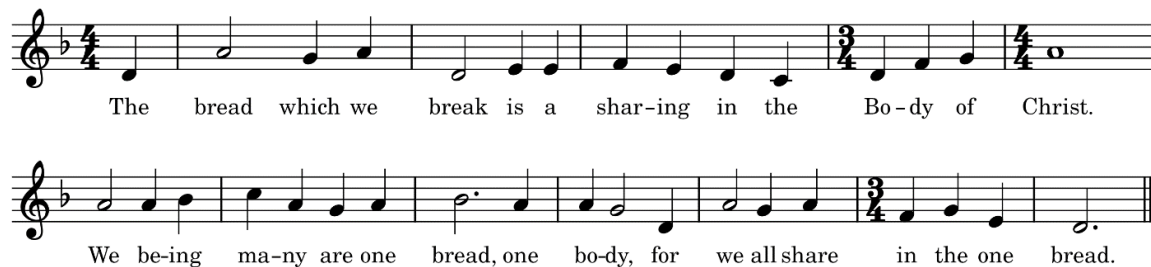
The Breaking of the Bread

Presider: Alleluia. Christ our Passover is sacrificed for us;

People: **Therefore let us keep the feast. Alleluia.**

Fraction Anthem

WLP 867



The bread which we break is a shar-ing in the Bo-dy of Christ.

We be-ing ma-ny are one bread, one bo-dy, for we all share in the one bread.

Setting: Carl Haywood (b. 1949), from *Fraction Anthems, Canticles and Chants* © 1997 Carl Haywood

The Invitation

Presider: The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

Post Communion Prayer

BCP 365

Presider: Let us pray

All: **Eternal God, heavenly Father,**
you have graciously accepted us as living members
of your Son our Savior Jesus Christ,
and you have fed us with spiritual food
in the Sacrament of his Body and Blood.
Send us now into the world in peace,
and grant us strength and courage to love and serve you
with gladness and singleness of heart; through Christ our Lord. Amen.

The Blessing

Hymn 347

Go forth for God, go to the world in peace

Litton

Dismissal

BCP 366

Deacon: Let us go forth into the world, rejoicing in the power of the Spirit.

People: **Thanks be to God.**

Postlude

Allegretto

Daniel Gawthrop
(b. 1948)

*Altar flowers are given by Colleen Johnson in memory of her father,
Roy Johnson, who passed away a year ago.*



Healing Prayer is offered at the altar after the postlude.

St. Dunstan's has a Facebook group for parishioners! Simply search **St. Dunstan's WA Community** on Facebook and request to join. Or, email office@sdchp.org or rector@sdchp.org and request to be added—be sure to include your name as it appears on Facebook, or your profile url. See you there!

WELCOME AND ANNOUNCEMENTS

- TODAY - **Equipping for Ministry training** following worship, for Lectors, Acolytes, Eucharistic Ministers and Eucharistic Visitors
- **Feast of St. Francis & Blessing of the Animals** Sunday, October 6, 10 am
- Sunday, October 6 - **Feeding Ministry Orientation** following worship
- Thursday, October 10 - **St. Luke's Edible Hope Kitchen Annual Fundraiser** at 6 pm, Bickersons Brewhouse in Ballard
- **Sunday Seminar**, October 13, 11:45 am – 1 pm
- Friday, October 25 - **Phantom of the Pipes: A Haunting Halloween Organ Concert and Spooky Storytelling Soirée** at 7:30 pm - RSVP online
- SAVE THE DATE! **Gala dinner celebrating St. Dunstan's 75th Year**, Friday, November 8
- EVERY TUESDAY, 5:00 – 6:30 pm, **Community Dinner**
- EVERY DAY – Zoom Morning Prayer, 8 am; Zoom Compline, 8 pm

For More Details check out our website, Facebook or Eventbrite pages.
Sign up for our weekly Highlights newsletter at sdchp.org.

SERVING TODAY

Presider: The Rev. Elizabeth Riley | **Deacons:** The Rev. Alan Christensen,
The Rev. Pat Grodt | **Seminarian:** Lynne Markova
Music Director: Susanna Valleau
Eucharistic Ministers: Mac Vujovich, Scott Prather
Healing Minister: Lynne Markova
Lectors: Sarah Roskam, Tina Polf | **Ushers:** Madeline Segó, Mary Shehane
Host: Acacia Protsman | **Altar Guild:** Joy Barnsdale
Hospitality: Madeline Segó, June Waite | **Flower Guild:** Joy Barnsdale
Counters: Paula Ross, Marilyn Firman

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St Dunstan's Shoreline

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